

Fitting and Care Instructions - Flex Wrist Hand

Model: DCT- 1516

Instructions for putting on brace

Option 1: Instructions for use on little and ring finger (Right for Right Hand/ Left for Left Hand). Reference reverse side for setting range of motion.



Step 1: Lay brace open on the outside of your hand. Make sure the frame with the key hole is on the top of the hand.



Step 2: Wrap the bottom strap around your wrist.



Step 3: Wrap the top strap around your ring and little finger. Make sure the key hole is center above your knuckle.



Step 4: Wrap the middle strap between your thumb and index finger.



Option 2: Instructions for use on ring and middle finger (Right for Right Hand/ Left for Left Hand). Reference reverse side for setting range of motion.



Step 1: Lay the brace open and slide your little finger through the open hole on the side of the wrap.



Step 2: Wrap the bottom strap around your wrist make sure the top of the frame with the key hole is on top.



Step 3: Wrap the top strap around your ring and middle finger. Make sure the key hole is center above your knuckle.



Step 4: Wrap the middle strap between your thumb and index finger.



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Option 3: Instructions for use on index and middle finger (**Right for Left Hand/ Left for Right Hand**). Reference below for setting range of motion.



Step 1: Locate the thumb hole on the side of the wrap and place your thumb through the hole.



Step 2: Locate the bottom strap and wrap securely around your wrist, make sure the top of the frame with the key hole is on top.



Step 3: Locate the top strap and wrap securely around your middle and index fingers, make sure the top key hole is center above your knuckle.



Step 4: Locate the middle strap and wrap securely around the bottom of your thumb.

Range of Motion: Instructions for use on setting range of motion dial and forming to hand



Step 1: Locate the key provided with the brace. Place the key head in the key hole above the knuckle and rotate until the desired flexion or extension is reached.



Step 2: Once the desired flexion or extension is reached, form the malleable aluminum on the bottom side to form comfortably to the hand.

Warranty: 6 month warranty from any defects. Care Instructions: Hand wash with a light detergent.

Universally Sized Right/Left