

Instruction Guide



STIM onTrack™
Mobile App
3.1

About STIM onTrack

The STIM onTrack™ mobile app is a patient friendly accessory available for you to use with your Orthofix Bone Growth Therapy device. The app encourages you to adhere to treatment sessions prescribed by your physician. It features a daily treatment reminder and a device usage calendar to help you take an active role in your bone healing recovery. Studies show that patients who are more involved with their follow-up care have an overall better recovery experience and outcomes. At the time of device delivery, your Orthofix representative will help you download the application to your mobile device.

Connecting the STIM onTrack App to Your Bone Growth Therapy Device

In order for the STIM onTrack mobile app to connect to your bone growth therapy device, the device must be on and providing a treatment or charging the battery.

1. The first time you launch (open) the STIM onTrack mobile app, you will be prompted to 'Connect to Your Device'.
2. Enter the serial number barcode on your bone growth therapy device by pressing the button 'Scan Stim Device Barcode' or by manually typing in the numbers in the open text box.
3. Push the 'Connect to Stim Device' button. Wait until the Treatment Screen appears as this is an indication that the device has paired with the app successfully.



ORTHOFIX [Cancel](#)

Connect to Your Stim Device

 [Scan Stim Device Barcode](#)

Enter the serial # located on your device

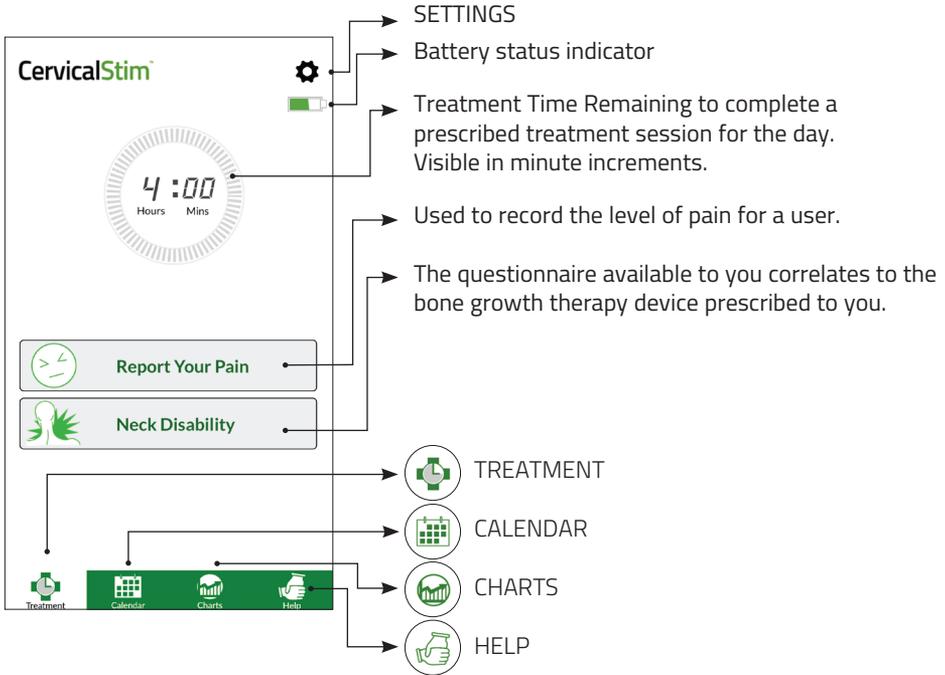
[Connect to Stim Device](#)



⚠ Note: The Orthofix STIM onTrack mobile app is supported on iOS and Android devices. The bone growth therapy device will not communicate with any other device or app other than the official Orthofix STIM onTrack app from Orthofix. The app is available on the Apple App Store and Google Play Store.

⚠ Note: Bluetooth on your smartphone or tablet must be turned on.

Treatment Tab



Treatment Notifications

Treatment Completion

Once you have finished your treatment for the day, this message will appear on your STIM onTrack app while the device is automatically shutting off.



Device Not Connected

This message will appear when your bone growth therapy device is not connected to the STIM onTrack app. Click the troubleshooting icon for details.



Bluetooth Turned Off

This message will appear when the Bluetooth on your smart phone is turned off or permission to use Bluetooth is disabled.



Device Expired

Your Bone growth therapy device will expire after 365 days of use. Contact your physician or Orthofix Customer support for more details.



Low Device Battery

If the device is connected and the battery is low at any point during your treatment, this message will appear on your STIM onTrack app.



Calendar Tab

The Calendar Tab on the STIM onTrack App shows the duration of time you have worn the device beginning with the initial treatment day. This information is visible by:

- **Calendar overview**
- **Daily treatment details**
- **Patient usage data summary**

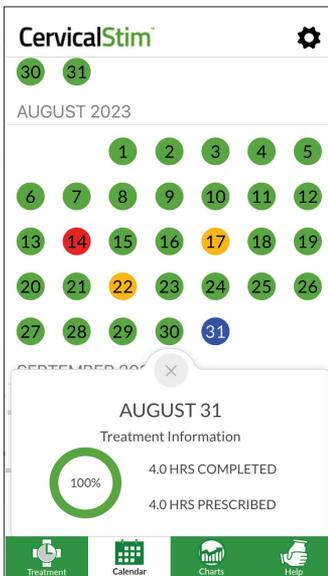
Calendar Overview

During daily treatment, while the app is open, you will notice a light yellow circle highlighting the current day on the calendar. Once the prescribed treatment for the day is completed, the circle will change from light yellow to light green.

Once a date on the calendar has passed and/or the bone growth therapy device has been turned on and connected to the app, a dark red, yellow, or green circle will highlight the date to indicate no, partial, or full treatment for that day.

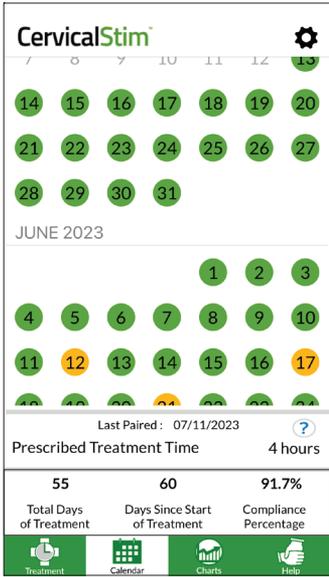
Calendar Color Key:

- Current Day (prior to treatment)
- Day Selected to Review Details
- No Treatment Completed
- Partial Treatment Completed (same day)
- Completed Full Treatment (same day)
- Partial Treatment Completed
- Completed Full Treatment



Daily Treatment Details

When you select a date on the calendar, the Daily Treatment Information will appear. It will display a summary of how many hours you used the device in comparison to the treatment hours prescribed by your physician. The Treatment Information pop-up also gives the percentage of the hours completed compared to the hours prescribed.



→ Patient Usage Data Summary

Total Days of Treatment – The number of days you have worn the device for the full time prescribed.

Days Since Start of Treatment – The total number of days you have had the device to wear for treatment.

Compliance Percentage – The percentage of days you have fully completed the prescribed treatment compared to the number of days since the start of treatment.

The patient usage data will be synced to the STIM onTrack app each time that the bone growth therapy device is on for treatment or charging as long as the paired mobile app is open and in close proximity. Last paired date will be updated to the date data was synced.

This section will show an approximate calculation if you complete the current day treatment with the app open.

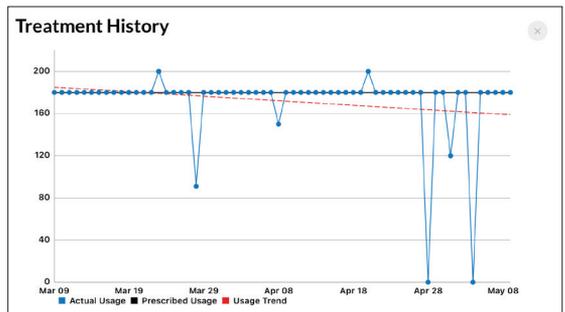
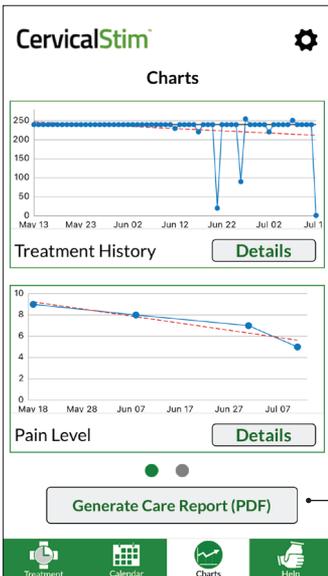
⚠ Note: The calendar functions by scrolling up and down for Apple device and side to side for an Android device.

Charts Screen

The Charts Tab on the STIM onTrack Mobile App includes Treatment Compliance and Patient Reported Outcome Measure (PROMs) tools which enable you to share the treatment history, your quality of life and functional status. The details displayed are from information provided throughout your treatment and can be shared with your prescribing Physician.

The questionnaire available to complete is dependent on your type of bone growth therapy device prescribed for use.

- If the CervicalStim™ device is prescribed, the Neck Disability Index (NDI) is available.
- If the SpinalStim™ device is prescribed, the Oswestry Disability Index (ODI) is available.
- If the PhysioStim™ device is prescribed, the Upper Extremity Functional Index (UEFI) and the Lower Extremity Functional Scale (LEFS) are available. The location of your bone fracture will determine which questionnaire is applicable. This will be discussed at the time of your device fitting with your Bone Growth Therapy representative.



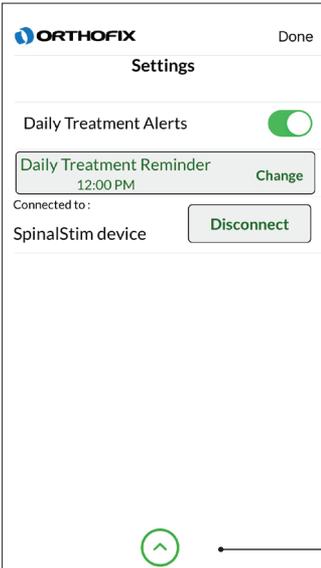
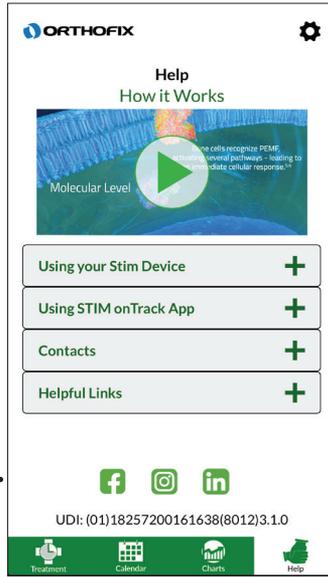
➔ **Navigate to Generate Care Report (PDF) –** Generating a care report allows you to save an electronic copy of your treatment history, pain level history and the questionnaire for your records.

Help Tab and Settings

The Help Tab displays contact information and website links to resources to help patients during their recovery.

The contact numbers provided, are one-touch calling on your smartphone and give you the ability to contact your Orthofix® Sales Representative and/or Patient Services.

Feel free to follow Orthofix on social media to stay up to date on product news!

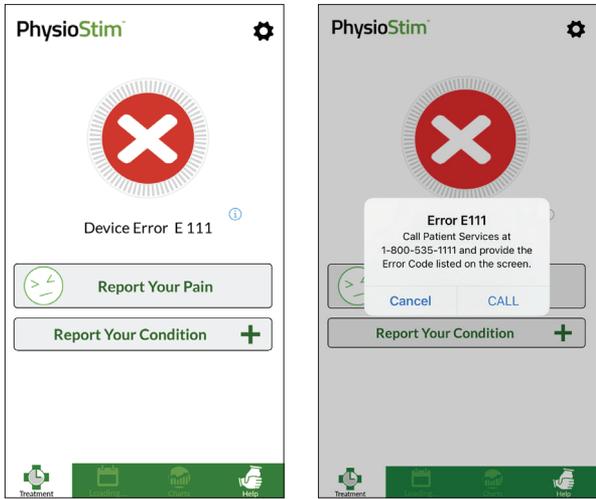


- **Done** – Exit out of Settings Tab
- **Daily Treatment Alerts** – Slide the button to turn on a daily treatment reminder.
- **Time of the daily Treatment Reminder** – Display of current reminder settings.
- **Pair with Other Stim Device** – This section will display the device and “Disconnect” button while device is actively connected, and will display “Pair with Other Stim Device” when device is not connected.
- **Management Mode** – Settings used only by an authorized Orthofix Representative.

⚠️ Note: Changes to the prescribed time will affect the compliance of the next treatment session.

Device Error Messages

The Error Message means that your bone growth therapy device is not functioning properly. Please contact Patient Services at 1-800-535-4492. Your Patient Services Representative will ask for the Error Code, which begins with the letter E and is followed by 3 digits. This code allows the Patient Services Representative to determine why your bone growth therapy device is not functioning properly. In the absence of cellular service the CALL button will not be shown.



* Information collected via the STIM onTrack mobile app is not intended for the diagnosis, cure, mitigation, treatment, or prevention of disease or other conditions.

BoneGrowthTherapy.com/privacy-policy/

STIM onTrack™ Mobile App Patent No. U.S. 10,238,867

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